A Triple Helix
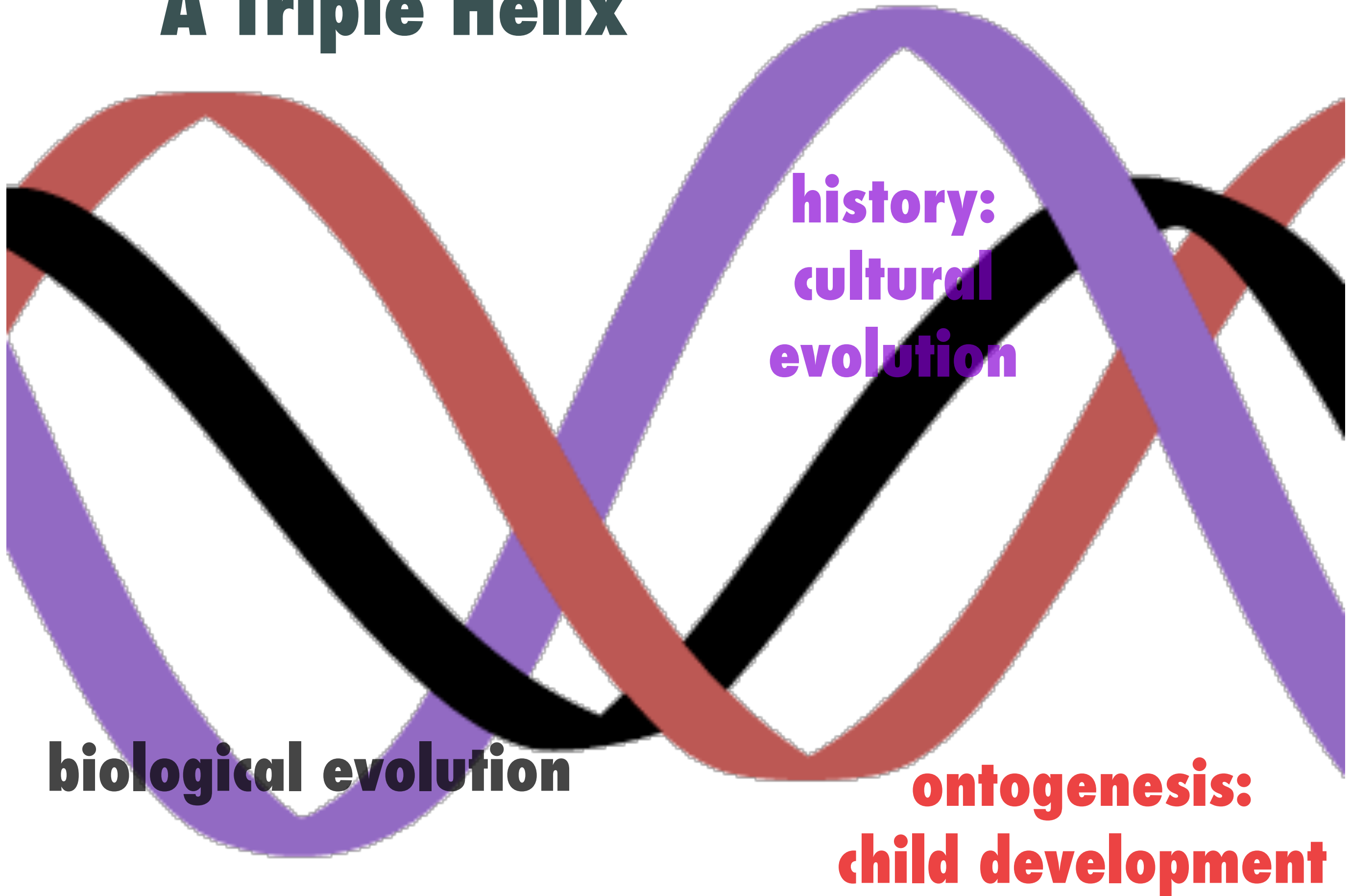
history: cultural evolution

biological evolution

ontogenesis: child development